

WEST CONTRA COSTA UNIFIED SCHOOL DISTRICT
Food Services Department
 750 Bissell Ave, Richmond CA 94801
 Tel: (510) 307-4580 Fax: (510) 233-1805

NUTRITION ANALYSIS REQUEST FORM (FOOD ITEM)
 (ELEMENTARY)

The following information must be provided via FAX, email or mail
at least three weeks prior to event

Each product you wish to serve must have an individual form **(One Product per form)**

1. Name of Product	
2. Serving Size of Product In Weight (g/oz)	

3. See CA Dept. of Education Quick Reference Card for more information.

	Per Serving Amount	Requirements
Calories		Item < or = 175
Total Calories from Fat (g)		= or <35% of Total Calories
Total Calories from Sat. Fat (g)		< 10%